

# March 2026



# Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30A Non-Denominational Church Service Streaming GR/LR 3p POKENO GR/LR <b>OFFICE CLOSED</b>	2 9:30a Continental Breakfast FMR 11a Yoga FR 7p MOVIE "The Choice" GR/LR	3 <b>Kyna Rickett BD</b> 9:30a Continental Breakfast FMR 9:30a Strength & Balance FR 10:15a Reliant Blood Pressure Checks GR/LR 10:30a Strength & Balance FR 7p CRIBBAGE GR/LR	4 9:30a Continental Breakfast FMR Shuttle-Shopping, meet in Lobby at 9:45a (SIGN UP IN MAILROOM) Skincare by Nancy 972-465-0146 4p BINGO GR/LR 6:30p Non-Denominational Bible Study Streaming GR/LR	5 9:30a Continental Breakfast FMR Skincare by Nancy 972-465-0146 9a - 3p Salon 469-301-0992 9:30a Strength & Balance FR 10:30a Strength & Balance FR 10a - 2p Nurse Bonnie HW 7p CRIBBAGE GR/LR	6 9:30a Continental Breakfast FMR Skincare by Nancy 972-465-0146 10a-3p Massage w/Shari 214-676- 6962 HW 11a Yoga FR 4p RESIDENT SPONSERED Happy Hour-BYOB & snacks GR/LR	7 7p MOVIE & Hot Dogs "Leap Year" GR/LR
8 <b>Diane Simmons BD</b> 10:30A Non-Denominational Church Service Streaming GR/LR 3p RUMMIKUB GR/LR <b>OFFICE CLOSED</b>	9 9:30a Continental Breakfast FMR 11a Yoga FR 7p MOVIE "Rumor Has It" GR/LR	10 <b>Kevin Scahlil &amp; Dan Rystrom BD</b> 9:30a Continental Breakfast FMR 9:30a Strength & Balance FR 10:30a Strength & Balance FR 1p Stitch&Chat LB 7p CRIBBAGE GR/LR	11 <b>Linda Mankin BD</b> 9:30a Continental Breakfast FMR Shuttle-Lunch Outing at Barrel House, meet in Lobby at 10:45a (SIGN UP IN MAILROOM) Skincare by Nancy 972-465-0146 4p BINGO hosted by Reliant Home Health & LoveWell Care Services GR/LR 6:30p Non-Denominational Bible Study Streaming GR/LR	12 9:30a Continental Breakfast FMR Skincare by Nancy 972-465-0146 9a - 3p Salon 469-301-0992 9:30a Strength & Balance FR 10a - 2p Nurse Bonnie HW 10:30a Strength & Balance FR 7p CRIBBAGE GR/LR	13 9:30a Continental Breakfast FMR Skincare by Nancy 972-465-0146 10a-3p Massage w/Shari 214-676- 6962 HW 11a Yoga FR 4p RESIDENT SPONSERED Happy Hour-BYOB & snacks GR/LR	14 2p Science News by Bess LR 7p MOVIE & Hot Dogs "The Choral" GR/LR
15 10:30A Non-Denominational Church Service Streaming GR/LR 3p POKENO GR/LR <b>OFFICE CLOSED</b>	16 <b>Joe Rodriguez BD</b> 9:30a Continental Breakfast FMR 11a Yoga FR 3p RESIDENT SPONSERED Book Club GR/LR 7p MOVIE "Song Sung Blue" GR/LR	17 <b>HAPPY ST. PATRICK'S DAY</b> 9:30a Continental Breakfast FMR 9:30a Strength & Balance FR 10:15a Reliant Blood Pressure Checks GR/LR 10:30a Strength & Balance FR 3p St. Patrick's Day Happy Hour GR/LR (SIGN UP IN MAILROOM) 7p CRIBBAGE GR/LR	18 9:30a Continental Breakfast FMR Shuttle-Shopping, meet in Lobby at 9:45a (SIGN UP IN MAILROOM) Skincare by Nancy 972-465-0146 4p BINGO GR/LR 6:30p Non-Denominational Bible Study Streaming GR/LR	19 9:30a Continental Breakfast FMR Skincare by Nancy 972-465-0146 9a - 3p Salon 469-301-0992 9:30a Strength & Balance FR 10a - 2p Nurse Bonnie HW 10:30a Strength & Balance FR 7p CRIBBAGE GR/LR <b>1:30p-3:30p Lavon Foods GR/LR</b>	20 <b>9a Hot Breakfast (SIGN UP IN MAILROOM)</b> Skincare by Nancy 972-465-0146 10a-3p Massage w/Shari 214-676- 6962 HW 11a Yoga FR 1p Alzheimer's Disease Presentation GR/LR 4p RESIDENT SPONSERED Happy Hour- BYOB & snacks GR/LR	21 <b>Linda Sweat BD</b> 2p Science News with Bess GR/LR 7p MOVIE & Hot Dogs "Dear John" GR/LR
22 <b>Bill Slutz &amp; Arlene Allen BD</b> 10:30A Non-Denominational Church Service Streaming GR/LR 3p RUMMIKUB GR/LR <b>OFFICE CLOSED</b>	23 <b>Kenneth Pokorny &amp; Karen Rumbaugh</b> 9:30a Continental Breakfast FMR 11a Yoga FR 7p MOVIE "Marry Me" GR/LR	24 9:30a Continental Breakfast FMR 9:30a Strength & Balance FR 10:30a Strength & Balance FR 7p CRIBBAGE GR/LR	25 9:30a Continental Breakfast FMR NO SHUTTLE Skincare by Nancy 972-465- 0146 4p BINGO GR/LR 6:30p Non-Denominational Bible Study Streaming GR/LR	26 9:30a Continental Breakfast FMR Skincare by Nancy 972-465-0146 9a - 3p Salon 469-301-0992 9:30a Strength & Balance FR 10a - 2p Nurse Bonnie HW 10:30a Strength & Balance FR 3p Birthday Celebration w/ Reliant HH & LoveWell CS GR/LR 7p CRIBBAGE GR/LR	27 <b>Kristen Nelson BD</b> 9:30a Continental Breakfast FMR Skincare by Nancy 972-465-0146 10a-3p Massage w/Shari 214-676- 6962 HW 11a Yoga FR 4p RESIDENT SPONSERED Happy Hour-BYOB & snacks GR/LR	28 7p MOVIE & Hot Dogs "Eleanor the Great" GR/LR
29 <b>Ruben Callejas</b> 10:30A Non-Denominational Church Service Streaming GR/LR <b>OFFICE CLOSED</b>	30 9:30a Continental Breakfast FMR 11a Yoga FR 7p MOVIE "Blue Moon" GR/LR	31 <b>Jo Bono BD</b> 9:30a Continental Breakfast FMR 9:30a Strength & Balance FR 10:30a Strength & Balance FR 7p CRIBBAGE GR/LR	GR/LR-Grand/Longhorn Room FR-Fitness Room FMR-Family Room LB-Library P-Pool AR-Art Room GM-Game Room HW-Health & Wellness PV-Pavillion (PLEASE NOTE EVENTS WHICH REQUIRE A SIGN UP. IF YOU SIGN UP AND CANNOT ATTEND, PLEASE LET THE OFFICE KNOW IMMEDIATELY!)			

Emergency Numbers \*Emergency Police & Fire - 911  
\*New Presidium After Hours Emergency - 469-473-3998 - Hit 3

\*Non-Emergency - 972-292-6010 \*Presidium Texting Service - 469-535-9667





# March 2026



We checked - no leprechauns in the building...but plenty of lucky residents!

Happy St. Patrick's Day!



### OFFICE TEAM

PATRICIA MIMS - COMMUNITY DIRECTOR

LAURIE COMBS - LEASING MANAGER

CHRIS FISHER - RESIDENT SERVICES COORDINATOR

LAURA PRADA MEDINA - ASST. MAINTENANCE

LORENA BARRIOS - HOUSEKEEPER

### RESIDENT SERVING

COLEEN BRANDT - RESIDENT AMBASSADOR

469-964-6726

COLEENGARYB@GMAIL.COM

**Be sure to place the enclosed magnet on your refrigerator for easy access to our phone number.**

**We're here for you whenever you need us!**

### PRESIDIUM AT EDGESTONE EMERGENCY NUMBERS

\*EMERGENCY POLICE & FIRE - 911

\*NON-EMERGENCY POLICE & FIRE - 972-292-6010

\*PRESIDIUM AFTER HOURS EMERGENCY - 469-473-3998 PRESS 3



**HAPPY HOUR  
TUESDAY MARCH 17  
3:00PM LH/GR**

**WELCOME!!  
to OUR NEW  
RESIDENTS....**

**Kay Benjamin  
Mike Meyer**



**Got a Green Thumb?  
Garden plots #6 & #7 are available!  
Don't miss your chance to grow  
something beautiful — reserve  
yours before they're gone!**



### Salon Update - Great News!

We're excited to share that our wonderful hair stylist, Iris is now available Tuesdays and Thursdays!

Whether you're ready for a fresh cut, a little trim, or just some pampering, it's the perfect way to feel refreshed and spring-ready. Be sure to schedule your appointment and treat yourself - you deserve it!

9A-3P

Call Iris (214) 705-1159

### REMINDERS/UPDATES

Please **drive slowly in the parking lot** and watch for pedestrians.

Kindly **pick up after your pets** to keep our community clean and enjoyable for everyone. Let's continue practicing healthy habits:

- Stay hydrated
- get plenty of rest
- Wash hands frequently
- Take a short walk (when you're able) to boost both body and mood.

Thank you for helping keep our community safe, healthy, and welcoming for all.

### LUNCHES BY CHEF ANGELA

Chef Angela of Frisco catering by Angela will provide a "hot" lunch Monday through Friday. Complete the form and include a check or exact cash (no change will be made) and drop in the catering box on the wall in the mail room. The meal is delivered daily in a to-go box at 11:45am to the Family Room. Enjoy!

\*MASSAGE - BOOK WITH SHARI  
FRIDAYS 214-676-6962

\*SKINCARE BY NANCY ON W/TH/F  
972-465-0146 (APPOINTMENT ONLY)

\*BONNIE STIFFLER, APRN, SERVICES ONSITE  
THURSDAYS 10A-2P

### PATRICIA'S CORNER

March is often a month we associate with luck, but this year I'm reminded that our greatest blessing is our health.

Due to a recent COVID outbreak, we've had to cancel or postpone some activities. I know this is disappointing - it is for our team as well. We truly look forward to the events that bring us together. However, every decision has been made with your safety and well-being in mind.

If there's one thing this community has shown time and time again, it's resilience. We may pause events, but we don't pause caring. We may reschedule activities, but we never postpone looking out for one another.

This month, I encourage all of us to focus on a different kind of "luck" - the luck of:

- Having neighbors who check in.
- Having staff who care deeply.
- Having access to resources that help keep us well.

Having the wisdom to prioritize our health. Sometimes the most loving thing we can do for each other is take precautions.

Spring is just around the corner. Brighter days and full calendars will return soon. In the meantime, let's practice gratitude for what we do have - a strong community, caring hearts, and the shared commitment to protect one another, that may be the greatest fortune of all.

Wishing you health, comfort, and a little extra luck this March.

Patricia

