

October 2026

Sunday

Monday



Tuesday

Wednesday

Thursday

Friday



Saturday



HAPPY HALLOWEEN

Fall into October with a smile!



FMR=FAMILY ROOM LB=LIBRARY P=POOL HW=HEALTH & WELLNESS BR=BILLIARDS ROOM ACR=ARTS & CRAFTS ROOM FR=FITNESS ROOM
GMR=GAME ROOM PV=PAVILLION FL=FRONT LOBBY GR=GRAND ROOM LR=LONGHORN ROOM

HAPPY HALLOWEEN Fall into October with a smile!					Beverly Colville BD 1 9:30A Continental Breakfast FMR Skincare by Nancy 972-465-0146 9A Strength & Balance FR 10A Strength & Balance FR 10A - 2P Nurse Bonnie HW 7:00P Cribbage GR/LR	9:30A Continental Breakfast FMR 2 11:00A Yoga FR Skincare by Nancy 972-465-0146 Massage by Shari 214-676-6962 4P Resident BYOB Social Hour GR/LR	3 7P MOVIE & Hot Dogs "Raising Helen" LR
4 10:30A Non-Denominational Church Service Streaming GR/LR 3P RUMMIKUB LR OFFICE CLOSED	5 9:30A Continental Breakfast FMR 9:30-11:00A Flu Shots & Covid 19 Vaccines (Sack lunch provided) GR/LR (Sign up in MAILROOM) 11A Bible Study w/Dee Hill GR 11A Yoga FR 7P MOVIE "Peace, Love, & Misunderstanding" LR	6 9:30A Continental Breakfast FMR 9A Strength & Balance FR 10A Strength & Balance FR 10:15A Reliant/Lovewell Blood Pressure Checks GR/LR 11:30A Non-Denominational Bible Study Streaming GR/LR 1P Live Your Best Life w/Pam GR/LR 7:00P Cribbage GR/LR POOL CLOSED UNTIL 10:00A	7 9:30A Continental Breakfast FMR Shuttle - Shopping Meet in Lobby at 9:45A (Sign up in MAILROOM) Skincare by Nancy 972-465-0146 4P BINGO GR/LR	8 9:30A Continental Breakfast FMR Skincare by Nancy 972-465-0146 9A Strength & Balance FR 10A Strength & Balance FR 10A - 2P Nurse Bonnie HW 7:00P Cribbage GR/LR	9 Ruby Wynne BD 9:30A Continental Breakfast FMR 11:00A Yoga FR Skincare by Nancy 972-465-0146 Massage by Shari 214-676-6962 1P Normal aging vs Dementia symptoms LR 4P Resident BYOB Social Hour GR/LR	10 Marilyn Holt, Theresa Carter & Rosalina Macias BD 2P Science News by Bess LR 7P MOVIE & Hot Dogs "Tortilla Soup" LR	
11 10:30A Non-Denominational Church Service Streaming GR/LR 3P POKENO LR OFFICE CLOSED	12 Al Dunbar BD Columbus Day 9:30A Continental Breakfast FMR 11A Yoga FR 7P MOVIE "Still Mine" LR	13 Patricia Wahne BD 9:30A Continental Breakfast FMR 9A Strength & Balance FR 10A Strength & Balance FR 11:30A Non-Denominational Bible Study Streaming GR/LR 1P Live Your Best Life w/Pam GR/LR 7:00P Cribbage GR/LR POOL CLOSED UNTIL 10:00A	14 Ruby Clark & Joyce Greenberg BD 9:30A Continental Breakfast FMR Shuttle - Lunch Outing: Eddie Napolis Meet in Lobby at 11:45A (Sign up in Mailroom) Skincare by Nancy 972-465-0146 4P MUSIC BINGO GR/LR HOSTED BY: CHRIS	15 Alice Schuckenbrock BD 9:30A Continental Breakfast FMR Skincare by Nancy 972-465-0146 9A Strength & Balance FR 10A Strength & Balance FR 10A - 2P Nurse Bonnie HW 4P BOOT SCOOTIN' BASH GR/LR (Sign up in MAILROOM) 7:00P Cribbage GR/LR	16 9:30A Continental Breakfast FMR 11:00A Yoga FR Skincare by Nancy 972-465-0146 Massage by Shari 214-676-6962 4P Resident BYOB Social Hour GR/LR	17 Lynda Baker & Elaine Campbell BD 7P MOVIE & Hot Dogs "Watching the Detectives" LR	
18 10:30A Non-Denominational Church Service Streaming GR/LR 3P RUMMIKUB LR OFFICE CLOSED	19 9:30A Continental Breakfast FMR 9:30-10:30A Flu Shots & Covid-19 Vaccines (Sack lunch provided) GR/LR (Sign up in MAILROOM) 11A Yoga FR 11A Bible Study w/Dee Hill GR 3P RESIDENT SPONSORED BOOK CLUB GR/LR 7P MOVIE "Tony" LR	20 9:30A Continental Breakfast FMR 9A Strength & Balance FR 10A Strength & Balance 1P Live Your Best Life w/ Pam GR/LR 7:00P Cribbage GR/LR POOL CLOSED UNTIL 10:00A	21 9:30A Continental Breakfast FMR Shuttle - Shopping Meet in Lobby at 9:45A (Sign up in MAILROOM) Skincare by Nancy 972-465-0146 4P BINGO GR/LR	22 9:30A Continental Breakfast FMR Skincare by Nancy 972-465-0146 9A Strength & Balance FR 10A Strength & Balance FR 10A - 2P Nurse Bonnie HW 7:00P Cribbage GR/LR	23 9:30A Continental Breakfast 11:00A Yoga FR Skincare by Nancy 972-465-0146 Massage by Shari 214-676-6962 4P Resident BYOB Social Hour GR/LR	24 Cynthia Gunn & Deborah King BD 7P MOVIE & Hot Dogs "Deep Water Horizon" LR	
25 Gloria Gaustad BD 10:30A Non-Denominational Church Service Streaming GR/LR 3P POKENO LR OFFICE CLOSED	26 9:30A Continental Breakfast FMR 11A Yoga FR 7P MOVIE "One for the Money" LR	27 9:30A Continental Breakfast FMR 9A Strength & Balance FR 10A Strength & Balance FR 11:30A Non-Denominational Bible Study Streaming GR/LR 1P Live Your Best Life w Pam GR/LR 7:00P Cribbage GR/LR POOL CLOSED UNTIL 10:00A	28 JoAnn Thompson BD 9:30A Continental Breakfast FMR NO SHUTTLE Skincare by Nancy 972-465-0146 4P BINGO/BIRTHDAY CELEBRATION HOSTED BY RELIANT HH & LOVELL CS GR/LR	29 9:30A Continental Breakfast FMR Skincare by Nancy 972-465-0146 9A Strength & Balance FR 10A Strength & Balance FR 10A - 2P Nurse Bonnie HW 7:00P Cribbage GR/LR	30 9:30A Continental Breakfast FMR 11:00A Yoga FR Skincare by Nancy 972-465-0146 Massage by Shari 214-676-6962 4P Resident BYOB Social Hour GR/LR	31 HALLOWEEN  7P MOVIE & Hot Dogs "Phantom of the Opera" LR	

UPDATES/REMINDERS:

- **LUNCH REMINDER:** Please remember to pick up your lunch from Angela. Any Lunch left on the counter or placed in the refrigerator will be thrown away.
- **CART REMINDER:** We will be leaving the cart out over the weekend for everyone to use. If you use the cart, please return it promptly so that someone else can use it.

- **Pet Emergency Door Magnets**

Residents with pets will be receiving a pet emergency magnet to place on the outside of their front door. The magnet will alert emergency personnel and Maintenance that a pet may be inside the home in the event of an emergency. Please place the magnet on your front door once received and keep it visible so it can help ensure your pets are accounted for during an emergency.

- **Valet Trash Reminder**

Please place your valet trash can outside between 6:00P-8:00P (Sunday - Thursday) and bring it back inside each morning. Please do not place garbage bags directly on the carpet. All trash must be placed inside the valet trash can.

- **GARDEN SEASONAL CLEANUP**

Reminder for all residents with a garden plot: Please clean out your garden plot at the end of the growing season. Remove any remaining plants, weeds, and garden debris so the area is ready for the next season.

LUNCHES BY CHEF ANGELA

Enjoy a hot lunch from Chef Angela of FRISCO CATERING BY ANGELA, delivered weekdays to the Family Room at 11:45 AM.

Submit your order form with a check or exact cash in the catering box in the mail room.



The Edge Salon

HAIR: Joy Tue - Fri
NAILS: Sarah Thur & Fri
972-292-9399

Health & Wellness:

Skincare by Nancy - 972-465-0146
Massage by Shari 214-676-6962
Bonnie Stiffler, APRN
866-686-8862



Boot Scootin' Bash

Thursday, October 15 @ 4:00P GR/LR
Join us for a boot-stompin' good time with live entertainment, tasty food, and dancing! Western attire encouraged! Come dressed in your best cowboy or cowgirl look and enjoy a fun-filled afternoon with your neighbors!

YEEHAW!

HAPPY HALLOWEEN

No tricks here—just smiles, laughter, and maybe a little too much candy!

Patricia's Corner

Halloween the Way We Remember It

As Halloween approaches, I find myself thinking about how different the holiday used to be. Before store-bought costumes filled the shelves and children could become just about any character they imagined with the swipe of a credit card, Halloween was a much simpler affair.

We made our costumes at home. An old sheet could become a ghost, a cardboard box might turn into a robot, and Mom's or Dad's old clothes could transform a child into a farmer, a hobo, a witch, or almost anything else our imaginations could dream up. The costumes weren't perfect, but that was part of their charm. They were homemade, creative, and often made together as a family.

Halloween night was about neighborhood fun. Children walked from house to house with their friends, calling out "trick or treat!" and proudly showing off their homemade creations. We collected candy in pillowcases, paper bags, or whatever container we could find. There was no need for elaborate decorations or expensive costumes to make the evening special. There were also plenty of wholesome Halloween traditions: school parties, bobbing for apples, carving pumpkins, telling spooky stories, and gathering with neighbors. The excitement came from being together and using our imaginations.

Perhaps what I remember most is that Halloween didn't have to be bigger or better to be memorable. A little creativity, a few household items, a pumpkin, some candy, and good company were enough to make an evening feel magical.

This Halloween, perhaps we can bring a little of that simplicity back. Instead of worrying about having the fanciest costume or the most elaborate decorations, let's remember that some of the best celebrations are the ones made with our own hands — and shared with the people around us.

Happy Halloween, everyone! May your October be filled with laughter, good memories, and just a little bit of old-fashioned fun.

— Patricia

OFFICE TEAM

PATRICIA MIMS - COMMUNITY DIRECTOR

LAURIE COMBS - LEASING MANAGER

CHRIS FISHER - RESIDENT SERVICES COORDINATOR

BRIAN WOOLAYER - LEAD MAINTENANCE

LAURA PARADA MEDINA - ASST. MAINTENANCE

SHEILA ECHOLS - HOUSEKEEPER

COLEEN BRANDT - RESIDENT AMBASSADOR
469-964-6726
COLEENGARYB@GMAIL.COM

PRESIDIUM AT EDGESTONE EMERGENCY PHONE NUMBERS

*EMERGENCY POLICE & FIRE - 911

*NON-EMERGENCY POLICE & FIRE - 972-292-6010

*PRESIDIUM AFTER HOURS EMERGENCY -
469-473-3998 PRESS 3

Flu Shots & COVID-19 Vaccines Available

Residents will have the opportunity to receive Flu Shots and COVID-19 Vaccines right here in the community! (Bring your ID, Medicare card & consent form)

Monday, October 5th 9:30 AM – 11:00 AM &
Monday, October 19th 9:30 AM – 10:30 AM LR
(SIGN UP IN MAILROOM)