



SPOTLIGHT

MARTHA JACKSON

"I LOVE LIVING AT PRESIDIUM!"

After retirement and Covid disruptions in my lifestyle, I knew I wanted to be part of an active adult community. I chose Presidium for many reasons, but first and foremost, I chose it because the moment I stepped out onto my patio I was surrounded by nature.

Upon graduation from the University of Kentucky in music, I began a long career in public education as a teacher, principal, and administrator. When I turned forty, I realized I was ready to step into something more independent and creative. That next step was a "perfect for me" career as a freelance makeup artist working in film and television production. As you might imagine, filled with amazing people and experiences.

You'll see me walking Suma or playing pickleball at the Grove.



LUNCHES BY CHEF ANGELA

Chef Angela of *Frisco Catering by Angela* will provide a "hot" lunch Monday through Friday. Complete the form and include a check or exact cash (no change will be made) and drop in catering box on wall in mail room. The meal is delivered daily in a to-go box at 11:45 am to the **Family Room**. *Enjoy!*

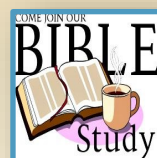
Happy Birthday!

Ron Tartarella
Deborah Lowrie
Ken Caspari
Romelia Carpenter
Dick Melby
Roy Songy
Elizabeth Harper-Woods
Teresa Beaver

Vila Huggins
Pamala Beal
Sneh Nayyar
Faith Collins
Mary Brown
Ruth Griffin
Charlotte French
Doris Meeks

TUESDAY, November 15 2pm LR
★ **HARRIS JEWELRY REPAIR**

★ **RIDE SERVICES**
RUSSELL WHITE 972-838-3440
WHITE.RUSSELLK@GMAIL.COM



MONDAYS 11 am LR
with Dee Hill

THURSDAYS 12:30 pm GR
with Judy Dean

Welcome!

...to our new residents...

Charlotte French
Jayne Bunch
Patricia Higgin
Susan Staples & Steven Justice
JoAnn Thompson

The Salon

Trina—Hairdresser
Dawn—Nails & Pedicures
Wednesdays 9a-3p

CALL 781-660-3367

PRESIDIUM AT EDGESTONE

Staff serving Presidium at Edgestone

Patricia Mims—Community Director
Laurie Combs—Resident Coordinator
Ronnie Boots—Maintenance Director
Pedro Pantanolo—Assistant Maintenance
Laura Parada Medina—Housekeeper

Others serving

Coleen Brandt—Resident Ambassador
Bev & Gaylon Anderson—Apartment Life Team

RECOGNIZING ALL VETERANS GRAND/LONGHORN ROOMS



Friendsgiving Pot Luck
November 19 2 pm
Grand/Longhorn Rooms
with
Dean Peters on keyboard

EMERGENCY NUMBERS

Emergency Police & Fire— 9-1-1
Non-Emergency— 972-292-6010

November 2022 Community News & Events



HONORING ALL WHO SERVED

VETERANS DAY

UNITED STATES OF AMERICA



NOVEMBER 11—3 PM

PATRICIA'S CORNER

November is such a wonderful month, with fall arriving, cooler temperatures, giving thanks, and sharing times with family and friends.

Thanksgiving Day celebrates the harvest and other blessings of the past year. I know that each of us can find the word(s) that come to mind, mine is blessed!

It warms my heart to see residents having fun and making new friends as we are like a "big family". Octoberfest was an example of spending time with each other and enjoying good food and music.

There are two events in November hosted by Bev and Gaylon - Friendsgiving Potluck for Thanksgiving with Dean Peters providing keyboard entertainment, and Veterans Day acknowledging the Veterans with a special guest on the piano.

Blessings to all!

5857 LEGACY DRIVE FRISCO TX 75034 OFFICE 214.705.1707
MONDAY—FRIDAY 9:00 AM TO 5:30 PM SATURDAYS 10:00 AM TO 5:00 PM
[HTTPS://PRESIDIUMATEDGESTONE.COM](https://presidiumatedgestone.com)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FMR=FAMILY ROOM TH=THEATER LB=LIBRARY LR=LONGHORN ROOM P=POOL GR=GRAND ROOM HW=HEALTH & WELLNESS CH=CONCERT HALL ACR=ART & CRAFT ROOM FR=FITNESS ROOM GMR=GAME ROOM PFP=PAVILLION & FIRE PIT FL=FRONT LOBBY						
NOVEMBER 2022		EMERGENCY NUMBERS Emergency Police & Fire— 9-1-1 Non-Emergency— 972-292-6010				
		<div>1</div> <ul style="list-style-type: none">9:30a Continental Breakfast FMR10a Reliant Blood Pressure Checks LR10a-12p Nurse Practitioner-Anthony Addae HW10a Strength & Balance TH11a Strength & Balance TH2p RUMMIKUB LR7p CRIBBAGE LR <div>BD Ron Tartarella</div>	<div>2 SHUTTLE 10a-2p Kroger, Walmart, Target</div> <ul style="list-style-type: none">9a-3p Salon (Hair, Nails, Pedicures) 781-660-33679:30a Continental Breakfast FMR10a-3p Massage Therapist—Sheri Smith 817-991-9444 HW4p Bingo LR <div>BD Deborah Lowrie & Ken Caspari</div>	<div>3</div> <ul style="list-style-type: none">9:30a Continental Breakfast FMR10a Strength & Balance TH11a Strength & Balance TH12:30p Bible Study with Judy Dean GR2p Mexican Train LR7p CRIBBAGE LR	<div>4</div> <ul style="list-style-type: none">9:30a Continental Breakfast FMR10a Neptune Society LR10a Art Class ACR1p Stitch & Chat LR3p Facials by Nancy-Alamo Spa 972-465-0146 HW	<div>5</div> <ul style="list-style-type: none">9:30a Hot Breakfast \$6 (SIGN UP IN MAIL ROOM) FMR
<div>6 OFFICES CLOSED</div> <ul style="list-style-type: none">10:45a Non-denominational streaming church service LR	<div>7</div> <ul style="list-style-type: none">9:30a Continental Breakfast FMR11a Bible Study LR2p Hand & Foot FMR6p Hand & Foot FMR <div>BD Romelia Carpenter</div>	<div>8</div> <ul style="list-style-type: none">9:30a Continental Breakfast FMR10a-12p Nurse Practitioner-Anthony Addae HW10a Strength & Balance TH11a Strength & Balance TH2p RUMMIKUB LR7p CRIBBAGE LR	<div>9 SHUTTLE TODAY 10:30a Movie & Lunch Outing-meet in lobby (SIGN UP IN MAIL ROOM)</div> <ul style="list-style-type: none">9a-3p Salon (Hair, Nails, Pedicures) 781-660-33679:30a Continental Breakfast FMR10a-3p Massage Therapist—Sheri Smith 817-991-9444 HW4p Bingo LR <div>BD Dick Melby, Roy Songy, & Elizabeth Harper-Woods</div>	<div>10</div> <ul style="list-style-type: none">9:30a Continental Breakfast FMR10a Strength & Balance TH11a Strength & Balance TH12:30p Bible Study with Judy Dean GR2p Mexican Train LR7p CRIBBAGE LR	<div>11</div> <ul style="list-style-type: none">9:30a Continental Breakfast FMR1p Stitch & Chat LR3p Facials by Nancy-Alamo Spa 972-465-0146 HW3p Veterans Recognitions—Music GR/LR	<div>12</div> <div>BD Teresa Beaver</div>
<div>13 OFFICES CLOSED</div> <ul style="list-style-type: none">10:45a Non-denominational streaming church service LR	<div>14</div> <ul style="list-style-type: none">9:30a Continental Breakfast FMR11a Bible Study LR2p Hand & Foot FMR6p Hand & Foot FMR <div>BD Vila Huggins & Pamala Beal</div>	<div>15</div> <ul style="list-style-type: none">9:30a Continental Breakfast FMR10a Reliant Blood Pressure Checks LR10a-12p Nurse Practitioner-Anthony Addae HW10a Strength & Balance TH11a Strength & Balance TH2p RUMMIKUB LR2p Harris Jewelry Repair LR GR7p CRIBBAGE LR <div>BD Sneh Nayyar</div>	<div>16 SHUTTLE 11:15 a Lunch Outing—Gallo Nero (SIGN UP IN MAIL ROOM)</div> <ul style="list-style-type: none">9a-3p Salon (Hair, Nails, Pedicures) 781-660-33679:30a Continental Breakfast FMR10a-3p Massage Therapist—Sheri Smith 817-991-9444 HW4p Bingo HOSTED BY RELIANT HOME HEALTH & BRIGHTSTAR LR	<div>17</div> <ul style="list-style-type: none">9:30a Continental Breakfast FMR10a Strength & Balance TH11a Strength & Balance TH12:30p Bible Study with Judy Dean GR2p Mexican Train LR7p CRIBBAGE LR	<div>18</div> <ul style="list-style-type: none">9:30a Continental Breakfast FMR10a Art Class ACR1p Stitch & Chat LR3p Facials by Nancy-Alamo Spa 972-465-0146 HW	<div>19</div> <ul style="list-style-type: none">2p Friendsgiving Pot Luck with Dean Peters on keyboard GR/LR
<div>20 OFFICES CLOSED</div> <ul style="list-style-type: none">10:45a Non-denominational streaming church service LR <div>BD Faith Collins & Mary Brown</div>	<div>21</div> <ul style="list-style-type: none">9:30a Continental Breakfast FMR11a Bible Study LR2p Hand & Foot FMR6p Hand & Foot FMR	<div>22</div> <ul style="list-style-type: none">9:30a Continental Breakfast FMR10a-12p Nurse Practitioner-Anthony Addae HW10a Strength & Balance TH11a Strength & Balance TH2p RUMMIKUB LR7p CRIBBAGE LR <div>BD Ruth Griffin</div>	<div>23 NO SHUTTLE</div> <ul style="list-style-type: none">9a-3p Salon (Hair, Nails, Pedicures) 781-660-33679:30a Continental Breakfast FMR10a-3p Massage Therapist—Sheri Smith 817-991-9444 HW	<div>24 OFFICES CLOSED</div>	<div>25 OFFICES CLOSED</div>	<div>26</div> <div>BD Charlotte French</div>
<div>27 OFFICES CLOSED</div> <ul style="list-style-type: none">10:45a Non-denominational streaming church service LR	<div>28</div> <ul style="list-style-type: none">9:30a Continental Breakfast FMR11a Bible Study LR2p Hand & Foot FMR6p Hand & Foot FMR <div>BD Doris Meeks</div>	<div>29</div> <ul style="list-style-type: none">2 p DECORATE CHRISTMAS TREE—refreshments GR9:30a Continental Breakfast FMR10a-12p Nurse Practitioner-Anthony Addae HW10a Strength & Balance TH11a Strength & Balance2p RUMMIKUB LR7p CRIBBAGE LR	<div>30 SHUTTLE—CHRISTMAS LIGHTS</div> <ul style="list-style-type: none">9a-3p Salon (Hair, Nails, Pedicures) 781-660-33679:30a Continental Breakfast FMR10a-3p Massage Therapist—Sheri Smith 817-991-9444 HW4p Bingo LR (no sign-up required)	<div>THANKSGIVING</div> <div>Graphic/Tag by Shannon @ www.momentsofintrospection.com</div> <div>Happy</div> <div>Thanksgiving Blessings Scrap Kit by Designz By Shelly</div>		