

SPOTLIGHT

THE GOLDEN GIRLS

These four ladies followed Patricia, Donna, and Ronnie from Adriatica:

BETTY ALLISON (Sophia) Born and raised in California, Betty met her husband while there. He joined the Navy, and their adventure began! The birth of four sons in various places around the world and lived in Japan, Hawaii, Las Vegas and many, many other places! With three surviving sons, (1 nearby, 1 in Vermont and 1 in Kentucky), plus two grandchildren, she and her husband, an avid golfer, retired to Pecan Plantation in Granbury. Her 59th move brought Betty here to Presidium. Today she enjoys reading, playing games and a good TV mystery!

REBECCA "BECKY" SMITH (Dorothy) A native Texan born in Sherman and lived in various parts of the state. Becky retired from the Texas Department of Human Services. She has acted on stage throughout North Texas and in commercials! Becky has two daughters who live nearby, and two grandchildren, Alex and Samantha, who she describes as, "my blessings". At Presidium, she enjoys reading, playing games, and watching "dead body shows" on BritBox. She recently "raised" a pair of new doves in her railing flower box, of course with help of their parents! She loves the hummingbirds who come drink at her feeder!

CHARLOTTE CUNNINGHAM (Blanche) Born and raised in Dallas—she has two children, six grands and ten great grands! After 20 years with IBM wearing lots of "hats" including project manager for remodeling and new building construction, she took a buyout. With husband Troy, they full-time RV'd in a 40 ft -5th wheel pulled by Big Red from "sea to shining sea" for 2 years! She became a realtor after settling in Tucson AZ. After being 6 years away, with a stop in Chicago for a year, she returned to Dallas and resumed her career as a full time realtor. She now enjoys reading, playing cards and Mexican Train with friends at Presidium.

MARGARET "Maggie" WICKMAN (Rose) She was born and raised in Dayton, OH where she worked in several finance positions and operated a catering business with her husband. Maggie retired in 2012 after several years with Texas Medicaid. She also lived in Chicago, Austin and Sun City near Hilton Head before moving back to Texas. She and her husband loved to travel including trips around US, Canada, and Europe. Instead of children, they had vacations! Adopted by husband's Canadian relatives, she travels to see them and other friends around the country plus road trips with friends. Maggie enjoys playing cards, dominos, and pool activities.



LUNCHES BY CHEF ANGELA

Chef Angela of *Frisco Catering by Angela* will provide a "hot" lunch Monday through Friday. Complete the form and include a check or exact cash (no change will be made) and drop in catering box on wall in mail room. The meal is delivered daily in a to-go box at 11:45 am to the Family Room. *Enjoy!*

Happy Birthday!

- | | |
|-----------------|--------------------|
| Ginny Crowe | Luis Macias |
| Pat Noguera | Tammy Martin-Zoch |
| Rosemary Spence | Hema Parasuramuni |
| Judy Feldt | Thomas Munson |
| Carol Riddle | Linda Kooima |
| Joyce Bell | JoAnn Jones |
| Jerry Newton | Billy Waiser |
| Martha Jackson | Miryam Paternostro |
| Cynthia David | Beatrice Trapani |
| Debbie Babcock | |

TUESDAY, Aug 16 2pm LR
* **HARRIS JEWELRY REPAIR**

~~~~~  
\* **RIDE SERVICES**  
**RUSSELL WHITE 972-838-3440**  
**WHITE.RUSSELLK@GMAIL.COM**



**MONDAYS 11 am LR**  
2nd & 4th Mondays  
**TUESDAYS 1 pm GR**

**Welcome!**

...to our new residents-Joanne Stanford in 1147 & Donna & Tamela Meade in 1221!

**The Salon**

Trina—Hairdresser  
Dawn—Nails & Pedicures  
Wednesdays 9a-3p  
CALL 781-660-3367

**PRESIDIUM AT EDGESTONE**

*Staff serving Presidium at Edgestone*  
Patricia Mims—Community Director  
Ronnie Boots—Maintenance Director  
Pedro Pantanolo—Assistant Maintenance  
Laura Parada Medina—Housekeeper

**PATRICIA'S CORNER**



*Saturday Night at the Movies!*  
Aug 20 5p

popcorn, beer, drinks & hot dogs (sign up required)  
LR/FMR  
hosted by Gaylon & Bev



**August 19 3pm**

**Longhorn Room**

**SPECIAL SPEAKERS**

\* Aug 18 -3pm  
Joint Pain Specialist-LR

\* Aug 23-2 pm  
Health Talk-Reliant Home Health LR

\* Aug 30-10:30 am  
Fraud Talk-Steve Orby LR



**RETIREMENT=RECESS ALL DAY!**



5857 LEGACY DRIVE FRISCO TX 75034 OFFICE 214.705.1707  
MONDAY-FRIDAY 9:00 AM TO 5:30 PM SATURDAYS 10:00 AM TO 5:00 PM  
HTTPS://PRESIDIUMATEDGESTONE.COM



| SUNDAY                                                                                                                                                                                                      | MONDAY                                                                                                                                                                                                                                                                  | TUESDAY                                                                                                                                                                                                                                                                                                                                                                      | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | THURSDAY                                                                                                                                                                                                                                                                                                                                           | FRIDAY                                                                                                                                                                                                                                                                                                                                                                                 | SATURDAY                                                                                                                                                                                                                                                                             |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| FMR=FAMILY ROOM TH=THEATER LB=LIBRARY LR=LONGHORN ROOM P=POOL GR=GRAND ROOM HW=HEALTH & WELLNESS CH=CONCERT HALL ACR=ART & CRAFT ROOM FR=FITNESS ROOM GMR=GAME ROOM PFP=PAVILLION & FIRE PIT FL=FRONT LOBBY |                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                      |
| <h1>AUGUST</h1> <h1>2022</h1>                                                                                                                                                                               | <b>1</b> <ul style="list-style-type: none"> <li>9:30a Continental Breakfast FMR</li> <li>11a Bible Study LR</li> <li>2p The Grand Singers GR</li> <li>2p Hand &amp; Foot FMR</li> <li>6p Hand &amp; Foot FMR</li> <li>7p Cribbage FMR</li> </ul>                        | <b>2</b> <ul style="list-style-type: none"> <li>9:30a Continental Breakfast FMR</li> <li>10a Blood Pressure Checks LR</li> <li>10a Strength &amp; Balance TH</li> <li>11a Strength &amp; Balance TH</li> <li>1p Christian Fellowship Bible Club LR (<a href="#">SIGN UP IN MAIL ROOM</a>)</li> <li>2p RUMMIKUB LR</li> </ul>                                                 | <b>3 SHUTTLE 10a-2p: Kroger, Market Street, Walmart &amp; Target (<a href="#">SIGN UP IN MAIL ROOM</a>)</b> <ul style="list-style-type: none"> <li>9a-3p Salon (Hair, Nails, Pedicures) 781-660-3367</li> <li>9:30a Continental Breakfast FMR</li> <li><b>10a-3p Massage Therapist—Sheri Smith 817-991-9444 HHW</b></li> <li>4p Bingo LR (no sign-up required)</li> </ul> <b>BD Ginny Crowe</b>                                                                                                               | <b>4</b> <ul style="list-style-type: none"> <li>9:30a Continental Breakfast FMR</li> <li>10a Strength &amp; Balance TH</li> <li>11a Strength &amp; Balance TH</li> <li>12:30p Bible Study with Judy Dean GR</li> <li>2p Mexican Train LR</li> <li>7p Cribbage FMR</li> </ul>                                                                       | <b>5</b> <ul style="list-style-type: none"> <li>9:30a Continental Breakfast FMR</li> <li>11a Water Aerobics P</li> <li>11a Art Class with Bev ACR</li> <li>1p Stitch &amp; Chat LR</li> <li><b>3p Facials by Nancy-Alamo Spa 972-465-0146 HW</b></li> </ul> <b>BD Pat Noguera</b>                                                                                                      | <b>6</b> <ul style="list-style-type: none"> <li>9:30a Hot Breakfast \$6 (<a href="#">SIGN UP IN MAIL ROOM</a>) FMR</li> <li>1p Penny Tripoley LR</li> </ul> <b>BD Rosemary Spence</b>                                                                                                |
| <b>7 OFFICES CLOSED</b> <ul style="list-style-type: none"> <li>10:45a Non-denominational streaming church service LR</li> <li>4p RESIDENT HAPPY HOUR BYOB GR</li> </ul>                                     | <b>8</b> <ul style="list-style-type: none"> <li>9:30a Continental Breakfast FMR</li> <li>11a Bible Study LR</li> <li>2p The Grand Singers GR</li> <li>2p Hand &amp; Foot FMR</li> <li>6p Hand &amp; Foot FMR</li> </ul>                                                 | <b>9</b> <ul style="list-style-type: none"> <li>9:30a Continental Breakfast FMR</li> <li>10a Strength &amp; Balance TH</li> <li>11a Strength &amp; Balance TH</li> <li>1p Christian Fellowship Bible Club LR (<a href="#">SIGN UP IN MAIL ROOM</a>)</li> <li>2p RUMMIKUB LR</li> </ul>                                                                                       | <b>10 SHUTTLE 10a Lunch &amp; Movie Outing (<a href="#">SIGN UP IN MAIL ROOM</a>)</b> 9a-3p Salon (Hair, Nails, Pedicures) 781-660-3367 <ul style="list-style-type: none"> <li>9:30a Continental Breakfast FMR</li> <li><b>10a-3p Massage Therapist—Sheri Smith 817-991-9444 HHW</b></li> <li>4p Bingo LR (no sign-up required)</li> </ul> <b>BD Judy Feldt</b>                                                                                                                                               | <b>11</b> <ul style="list-style-type: none"> <li>9:30a Continental Breakfast FMR</li> <li>10a Strength &amp; Balance TH</li> <li>11a Strength &amp; Balance TH</li> <li>12:30p Bible Study with Judy Dean GR</li> <li>2p Mexican Train LR</li> </ul> <b>BD Carol Riddle, Hema Parasuramuni</b>                                                     | <b>12</b> <ul style="list-style-type: none"> <li>9:30a Continental Breakfast FMR</li> <li>11a Water Aerobics P</li> <li>1p Stitch &amp; Chat LR</li> <li><b>3p Facials by Nancy-Alamo Spa 972-465-0146 HW</b></li> <li>7p HOOP-DEE-DO Listening &amp; Dancing by DJ Julian Hycner FL</li> </ul> <b>BD Joyce Bell</b>                                                                   | <b>13</b> <ul style="list-style-type: none"> <li>1p Penny Tripoley LR</li> </ul> <b>BD Jerry Newton</b>                                                                                                                                                                              |
| <b>14 OFFICES CLOSED</b> <ul style="list-style-type: none"> <li>10:45a Non-denominational streaming church service LR</li> <li>4p RESIDENT HAPPY HOUR BYOB GR</li> </ul>                                    | <b>15</b> <ul style="list-style-type: none"> <li>9:30a Continental Breakfast FMR</li> <li>2p The Grand Singers GR</li> <li>2p Hand &amp; Foot FMR</li> <li>6p Hand &amp; Foot FMR</li> </ul>                                                                            | <b>16</b> <ul style="list-style-type: none"> <li>9:30a Continental Breakfast FMR</li> <li>10a Blood Pressure Checks LR</li> <li>10a Strength &amp; Balance TH</li> <li>11a Strength &amp; Balance TH</li> <li>1p Christian Fellowship Bible Club LR (<a href="#">SIGN UP IN MAIL ROOM</a>)</li> <li>2p RUMMIKUB LR</li> <li><b>2p Harris Jewelry Repair LR GR</b></li> </ul> | <b>17 SHUTTLE TODAY Lunch Outing : (<a href="#">SIGN UP IN MAIL ROOM</a>)</b> <ul style="list-style-type: none"> <li>9a-3p Salon (Hair, Nails, Pedicures) 781-660-3367</li> <li>9:30a Continental Breakfast FMR</li> <li><b>10a-3p Massage Therapist—Sheri Smith 817-991-9444 HHW</b></li> <li>11:15a LUNCH OUTING—ZHAO Star China Bistro (meet in lobby)</li> <li><b>4p Bingo HOSTED BY RELIANT HOME HEALTH &amp; BRIGHTSTAR LR</b> (no sign-up required)</li> </ul> <b>BD Martha Jackson, Cynthia David</b> | <b>18</b> <ul style="list-style-type: none"> <li>9:30a Continental Breakfast FMR</li> <li>10a Strength &amp; Balance TH</li> <li>11a Strength &amp; Balance TH</li> <li>12:30p Bible Study with Judy Dean GR</li> <li>2p Mexican Train LR</li> <li><b>3p Joint Pain Specialist—Refreshments</b></li> </ul> <b>BD Martha Jackson, Cynthia David</b> | <b>19</b> <ul style="list-style-type: none"> <li>9:30a Continental Breakfast FMR</li> <li>11a Water Aerobics P</li> <li>11a Art Class with Bev ACR</li> <li>1p Stitch &amp; Chat LR</li> <li><b>3p Facials by Nancy-Alamo Spa 972-465-0146 HW</b></li> <li><b>3p Ice Cream Social (<a href="#">SIGN UP IN MAIL ROOM</a>) GR LR</b></li> </ul> <b>BD Luis Macias, Tammy Martin-Zoch</b> | <b>20</b> <ul style="list-style-type: none"> <li>9:30a Hot Breakfast \$6 (<a href="#">SIGN UP IN MAIL ROOM</a>) FMR</li> <li>1p Penny Tripoley LR</li> <li>5p Saturday Night at the Movies-popcorn, beer, &amp; other (sign up required) LR/FMR</li> </ul> <b>BD Debbie Babbcock</b> |
| <b>21 OFFICES CLOSED</b> <ul style="list-style-type: none"> <li>10:45a Non-denominational streaming church service LR</li> <li>4p RESIDENT HAPPY HOUR BYOB GR</li> </ul>                                    | <b>22</b> <ul style="list-style-type: none"> <li>9:30a Continental Breakfast FMR</li> <li>11a Bible Study LR</li> <li>2p The Grand Singers GR</li> <li>2p Hand &amp; Foot FMR</li> <li>6p Hand &amp; Foot FMR</li> </ul>                                                | <b>23</b> <ul style="list-style-type: none"> <li>9:30a Continental Breakfast FMR</li> <li>10a Strength &amp; Balance TH</li> <li>11a Strength &amp; Balance TH</li> <li>1p Christian Fellowship Bible Club LR (<a href="#">SIGN UP IN MAIL ROOM</a>)</li> <li>2p RUMMIKUB LR</li> <li><b>2p HEALTH TALK-RELIANT HOME HEALTH</b></li> </ul>                                   | <b>24 SHUTTLE 10a-2p: Kroger, Market Street, Walmart &amp; Target (<a href="#">SIGN UP IN MAIL ROOM</a>)</b> <ul style="list-style-type: none"> <li>9a-3p Salon (Hair, Nails, Pedicures) 781-660-3367</li> <li>9:30a Continental Breakfast FMR</li> <li><b>10a-3p Massage Therapist—Sheri Smith 817-991-9444 HHW</b></li> <li>4p Bingo LR (no sign-up required)</li> </ul>                                                                                                                                    | <b>25</b> <ul style="list-style-type: none"> <li>9:30a Continental Breakfast FMR</li> <li>10a Strength &amp; Balance TH</li> <li>11a Strength &amp; Balance TH</li> <li>12:30p Bible Study with Judy Dean GR</li> <li>2p Mexican Train LR</li> </ul>                                                                                               | <b>26</b> <ul style="list-style-type: none"> <li>9:30a Continental Breakfast FMR</li> <li>11a Water Aerobics P</li> <li>1p Stitch &amp; Chat LR</li> <li><b>3p Facials by Nancy-Alamo Spa 972-465-0146 HW</b></li> <li>7p HOOP-DEE-DO Listening &amp; Dancing by DJ Julian Hycner FL</li> </ul> <b>BD Thomas Munson, Linda Kooima</b>                                                  | <b>27</b> <ul style="list-style-type: none"> <li>1p Penny Tripoley LR</li> </ul> <b>BD JoAnn Jones, Billy Waiser</b>                                                                                                                                                                 |
| <b>28 OFFICES CLOSED</b> <ul style="list-style-type: none"> <li>10:45a Non-denominational streaming church service LR</li> <li>4p RESIDENT HAPPY HOUR BYOB GR</li> </ul>                                    | <b>29</b> <ul style="list-style-type: none"> <li>9:30a Continental Breakfast FMR</li> <li>11a Bible Study LR</li> <li>2p The Grand Singers GR</li> <li>2p Hand &amp; Foot FMR</li> <li>6p Hand &amp; Foot FMR</li> </ul> <b>BD Miryam Paternostro, Beatrice Trapani</b> | <b>30</b> <ul style="list-style-type: none"> <li>9:30a Continental Breakfast FMR</li> <li>10a Strength &amp; Balance TH</li> <li><b>10:30a FRAUD TALK-Steve Orby</b></li> <li>11a Strength &amp; Balance TH</li> <li>1p Christian Fellowship Bible Club LR (<a href="#">SIGN UP IN MAIL ROOM</a>)</li> <li>2p RUMMIKUB LR</li> </ul>                                         | <b>31 NO SHUTTLE</b> <ul style="list-style-type: none"> <li>9a-3p Salon (Hair, Nails, Pedicures) 781-660-3367</li> <li>9:30a Continental Breakfast FMR</li> <li><b>10a-3p Massage Therapist—Sheri Smith 817-991-9444 HHW</b></li> <li>4p Bingo LR (no sign-up required)</li> </ul>                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                      |