



Update

- ★ If you lock the top deadbolt on your door and emergency services need to get to you, they will most likely have to knock your door down and you will be responsible for the repairs.
- ★ Kindly refrain from removing flyers in the elevators.
- ★ Prior approval is necessary for all flyers or postings intended for the mail room bulletin board, family room, or elevators.
- ★ Private events in the activity rooms must be reserved through the office; please request room reservations and obtain a form for the door. Do not place handwritten reserved signs on the doors.

The Salon 214.705.1159

- ★ NEW Hairdresser-Karen
 - ★ Lina—Nails & Pedicures
- Thursdays—9a-3p

- ★ HARRIS JEWELRY REPAIR
- TUESDAY, FEBRUARY 16 1:30 pm LR
- ★ MESSAGE - BOOK WITH SHARI
- WEDNESDAYS & FRIDAYS
214-676-6962



How can Reliant at Home help you? We simplify and support patients and family members that need assistance getting the care they need. Care is our higher calling and it is our mission to serve and live up to the standards of the Reliant at Home Bluebird Promise.

Our RN case manager will schedule an initial visit in your home and complete a comprehensive assessment to evaluate the type and frequency of care that is needed. In collaboration with the physician, a Plan of Care will be developed that may include visits from the following disciplines: RN/LVN, physical therapy, occupational therapy, speech therapy, medical social worker, home health aide.

If you have an interest or any questions regarding these services, please contact Morgan Redden directly at 940-230-4823. We look forward to caring for you and your loved ones!

LUNCHES BY CHEF ANGELA

Chef Angela of Frisco Catering by Angela will provide a "hot" lunch Monday through Friday. Complete the form and include a check or exact cash (no change will be made) and drop in catering box on wall in mail room. The meal is delivered daily in a to-go box at 12:00-12:15 pm to the Family Room. Enjoy!



PRESIDIUM AT EDGESTONE

Community News & Events

FEBRUARY 2024

STAFF

Patricia Mims—Community Director
Laurie Combs—Resident Coordinator
Victor Colon—Lead Maintenance
Gabriel Pinango Arvelo—Assistant Maintenance
Laura Parada Medina—Housekeeper
Debra Howard—Leasing
Residents Serving
Coleen Brandt—Resident Ambassador

SPEAKERS-Longhorn Room

- Feb 8 Eye Symptoms & Diseases
- Feb 9 My Loved One Passed...now what? by Haiman Hogue, Attorney
- Feb 22 VA Benefits by Preferred Senior Resources
- SIGN UP IN MAIL ROOM**

Patricia's Corner

Let me start by thanking each of you for doing your part to avoid issues in apartments from the inclement weather and the team for their hard work.

The Longhorn Room is back!

February is a busy month with fun activities and informational speakers. We will continue to have speakers to bring topics that we feel are important to you.

With last year being so successful, we will be having our 2nd annual Mardi Gras Party with Monte Slaver for the entertainment.

At the start of each day, we should strive to fill our minds with positive thoughts. Live each day to the fullest as tomorrow is not promised.

And remember, we never know what another person is going through.

Love is in the air, Happy Valentine's Day!



EMERGENCY NUMBERS

Emergency Police & Fire— 9-1-1
Non-Emergency— 972-292-6010
After Hours **Emergency**—214-705-1707 - Hit #3

5857 LEGACY DRIVE FRISCO TX 75034
OFFICE 214.705.1707
MONDAY—FRIDAY 9:00 AM TO 5:30 PM
SATURDAYS 10:00 AM TO 5:00 PM
[HTTPS://PRESIDIUMATEDGESTONE.COM](https://presidiumatedgestone.com)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div> (PLEASE NOTE EVENTS WHICH REQUIRE A SIGN UP) </div>	<div> FEBRUARY 2024 </div>			<div> 1 <ul style="list-style-type: none"> 9a-3p Salon (Nails & Hair) 214-705-1159 9:30a Continental Breakfast FMR 10a Strength & Balance FR 11a Strength & Balance FR 7p CRIBBAGE LR </div>	<div> 2 <ul style="list-style-type: none"> 9:30a Continental Breakfast FMR 10a-3p Massage w/Shari 214-676-6962 HW 11a Yoga FR </div>	<div> 3 </div>
<div> 4 OFFICES CLOSED <ul style="list-style-type: none"> 10:45a Non-denominational streaming church service LR 2p Pokeno LR (SIGN UP IN MAIL ROOM) </div>	<div> 5 <ul style="list-style-type: none"> 9:30a Continental Breakfast FMR 11a BIBLE STUDY w Dee Hill GR 2p HAND & FOOT LR </div>	<div> 6 <ul style="list-style-type: none"> 9:30a Continental Breakfast FMR 10a Strength & Balance FR 10:15a NO BLOOD PRESSURE CHECKS TODAY 11a Strength & Balance FR 1p Quilt Sewing Club ACR 2:00p RUMMIKUB LR 7p CRIBBAGE LR </div>	<div> 7 SHUTTLE-Shopping 10 am (SIGN UP IN MAIL ROOM) <ul style="list-style-type: none"> 9:30a Continental Breakfast FMR 10a-12p Nurse Practitioner- (sign up for appointment only) HW 3p Massage w/Shari 214-676-6962 LR 4p BINGO LR/GR 7p TRIVIA LR </div>	<div> 8 <ul style="list-style-type: none"> 9a-3p Salon (Nails & Hair) 214-705-1159 9:30a Continental Breakfast FMR 10a Strength & Balance FR 11a Strength & Balance FR 1p Eye Symptoms & Diseases LR 2p Into Jewelry Making by Bess ACR (SIGN UP IN MAIL ROOM & PREPAY \$10 BY 2/5) 5p BUNCO LR 7p CRIBBAGE LR </div>	<div> 9 <ul style="list-style-type: none"> 9:30a Continental Breakfast FMR 10a-3p Massage w/Shari 214-676-6962 HW 11a Yoga FR 11a “My Loved One Passed—Now what?” presented by Haiman Hogue, Attorney LR 4p MARDI GRAS PARTY LR/GR (SIGN UP IN MAIL ROOM) </div>	<div> 10 <ul style="list-style-type: none"> 7p Movie-Hidden Figures LR (SIGN UP IN MAIL ROOM) </div>
<div> BD David Patrick </div>		<div> BD Victoria Parisi </div>		<div> BD Daisy Gipson </div>		
<div> 11 OFFICES CLOSED <ul style="list-style-type: none"> 10:45a Non-denominational streaming church service LR </div>	<div> 12 <ul style="list-style-type: none"> 9:30a Continental Breakfast FMR 11a Bible Study w Dee Hill GR 2p HAND & FOOT LR </div>	<div> 13 <ul style="list-style-type: none"> 9:30a Continental Breakfast FMR 10a Strength & Balance FR 11a Strength & Balance FR 2:00p RUMMIKUB LR 7p CRIBBAGE LR </div>	<div> 14 SHUTTLE– 11a Lunch at SPIN! Pizza (SIGN UP IN MAIL ROOM) <ul style="list-style-type: none"> 9:30a Continental Breakfast FMR 10a-12p Nurse Practitioner- (sign up for appointment only) HW 3p Massage w/Shari 214-676-6962 LR 4p VALENTINE BINGO LR/GR Hosted by Reliant Home Health LR/GR </div>	<div> 15 <ul style="list-style-type: none"> 9a-3p Salon (Nails & Hair) 214-705-1159 9:30a Continental Breakfast FMR 10a Strength & Balance FR 11a Strength & Balance FR 7p CRIBBAGE LR </div>	<div> 16 <ul style="list-style-type: none"> No Breakfast 10a-3p Massage w/Shari 214-676-6962 HW 11a Yoga FR </div>	<div> 17 <ul style="list-style-type: none"> 2p Moon Magic presentation by Bess LR 7p Movie MAMMA MIA LR (SIGN UP IN MAIL ROOM) </div>
<div> BD Pauline Willett </div>		<div> BD Grace Lee </div>		<div> BD Pat Pond & Joanna Stanford </div>		<div> BD Betty Allison, William Stewart & Pat Higgins </div>
<div> 18 OFFICES CLOSED <ul style="list-style-type: none"> 10:45a Non-denominational streaming church service LR 2p Pokeno LR (SIGN UP IN MAIL ROOM) </div>	<div> 19 <ul style="list-style-type: none"> 9:30a Continental Breakfast FMR 11a Bible Study w Dee Hill GR 2p HAND & FOOT LR </div>	<div> 20 <ul style="list-style-type: none"> 9:30a Continental Breakfast FMR 10a Strength & Balance FR 10:15a Reliant Blood Pressure Checks LR 11a Strength & Balance FR 1:30p Harris Jewelry Repair LR 2:00p RUMMIKUB LR 7p CRIBBAGE LR </div>	<div> 21 SHUTTLE– MovieTBD (SIGN UP IN MAIL ROOM) <ul style="list-style-type: none"> 9:30a Continental Breakfast FMR 10a-12p Nurse Practitioner- (sign up for appointment only) HW 3p Massage w/Shari 214-676-6962 LR 4p BINGO </div>	<div> 22 <ul style="list-style-type: none"> 9a-3p Salon (Nails & Hair) 214-705-1159 9:30a Continental Breakfast FMR 10a Strength & Balance FR 11a Strength & Balance FR 11a VA Benefits by Preferred Senior Resources LR (SIGN UP IN MAIL ROOM) 7p CRIBBAGE LR </div>	<div> 23 <ul style="list-style-type: none"> 9:30a Continental Breakfast FMR 10a-3p Massage w/Shari 214-676-6962 HW 11a Yoga FR </div>	<div> 24 <ul style="list-style-type: none"> 7p Movie HUNDRED FOOT JOURNEY LR (SIGN UP IN MAIL ROOM) </div>
<div> BD Patricia Brooks </div>		<div> BD Dorothy Lupton & Ruth Rourk </div>		<div> BD Becky Smith </div>		
<div> 25 OFFICES CLOSED <ul style="list-style-type: none"> 10:45a Non-denominational streaming church service LR </div>	<div> 26 <ul style="list-style-type: none"> 9:30a Continental Breakfast FMR 11a Bible Study w Dee Hill GR 2p HAND & FOOT LR </div>	<div> 27 <ul style="list-style-type: none"> 9:30a Continental Breakfast FMR 10a Strength & Balance FR 11a Strength & Balance FR 2:00p RUMMIKUB LR 7p CRIBBAGE LR </div>	<div> 28 NO SHUTTLE <ul style="list-style-type: none"> 9:30a Continental Breakfast FMR 10a-12p Nurse Practitioner- (sign up for appointment only) HW 3p Massage w/Shari 214-676-6962 LR 4p BINGO LR/GR </div>	<div> 29 <ul style="list-style-type: none"> 9a-3p Salon (Nails & Hair) 214-705-1159 9:30a Continental Breakfast FMR 10a Strength & Balance FR 11a Strength & Balance FR 3p Monthly Birthday Celebration by Reliant Home Health & Home Watch Caregivers LR (SIGN UP IN MAIL ROOM) 7p CRIBBAGE LR </div>	<div> EMERGENCY NUMBERS Emergency Police & Fire— 9-1-1 Non-Emergency— 972-292-6010 After Hours Emergency #214-705-1707 - Hit #3 </div>	
<div> BD Nancy Callahan & Geri Washer </div>				<div> BD Glenda Munson </div>		