As of March 1, 2024 we will no longer be delivering notices and flyers door to door, except for rare situations. Instead, important announcements will be posted in the calendar, elevators, mail room, and family room for your convenience. This shift aims to streamline communication and reduce paper waste.

When signing up for an event, kindly print your name and apartment number on the provided sign-up sheets in the mailroom. This ensures accurate and organized registration. **REMINDER:** If you're unable to attend an event, we kindly ask you to call the office to cancel. This allows us to notify individuals on the waitlist promptly.

To safeguard our community's health, we ask that if you are unwell, refrain from requesting maintenance unless it's an emergency. This precaution is aimed at preventing the spread of illness within our community. Your cooperation is greatly appreciated.

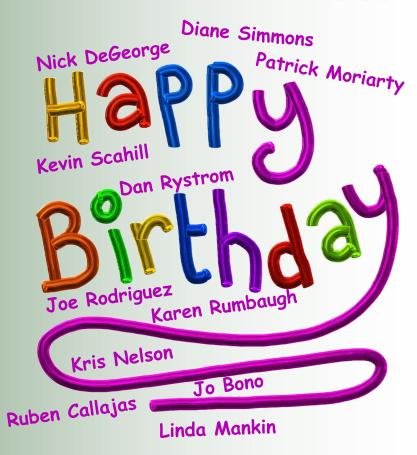
We extend our sincere appreciation for your patience and cooperation in the process of setting up online payments. Your resilience in navigating the online payment setup have not gone unnoticed. We're here to support you every step of the way, and we genuinely appreciate your commitment to making this process smoother.

Thank you for being an integral part of our community.

### The Salon 214.705.1159

THURSDAYS—9a-3p

- **★ KAREN—HAIR**
- IINA—NAILS & PEDICURES
- **\* HARRIS JEWELRY REPAIR** TUESDAY, MARCH 191:30 pm LR
- **\* MASSAGE BOOK WITH SHARI** FRIDAYS 214-676-6962
- \* ALTERATIONS BY JOANN 866-275-0349



## LUNCHES BY **CHEF ANGELA**

Chef Angela of Frisco Catering by Angela will provide a "hot" lunch Monday through Friday. Complete the form and include a check or exact cash (no change will be made) and drop in catering box on wall in mail room. The meal is delivered daily in a to-go box at 12:00-12:15 pm to the Family Room. Enjoy!



# **Community News & Events**

Patricia Mims—Community Director Laurie Combs—Resident Coordinator Victor Colon—Lead Maintenance Gabriel Pinango Arvelo—Assistant Maintenance Laura Parada Medina—Housekeeper Debra Howard—Leasing

#### **Residents Serving**

Coleen Brandt—Resident Ambassador





MARCH 20 4p hosted by **Reliant Home Health** & **Home Watch Caregivers** 

## LONGHORN ROOM

**EMERGENCY NUMBERS** Emergency Police & Fire---- 9-1-1 Non-Emergency--- 972-292-6010 After Hours Emergency-214-705-1707 - Hit #3

#### STAFF



### SPEAKERS-Longhorn Room

- Mar 8 Decluttering & Organizing
- Mar 15 Naborforce Transportation & Household Assistance
- Mar 22 Reliant Home Health & Dr. **Appleton Orthopedic** Specialist (joint pain, hip & knee replacement) SIGN UP IN MAIL ROOM

#### Corner

In February, the Mardi Gras party and the Valentine Bingo were highlights and I sure enjoyed watching you have fun. We also have added **Saturday night at the** *Movies* starting at 7pm as an extra activity with popcorn. Thank you, Bess, for your contribution in making this happen.

Did you know Daylight Savings is March 10th, March marks the beginning of spring as the Garden Club is in full swing, St Patrick's Day is March 17<sup>th</sup> celebrating on March 22<sup>nd</sup> with St Patrick's Bingo, March is National Nutrition Month, and Sunday March 31<sup>st</sup> is Easter!

Exciting News: Our Speaker Series expands from Educational Insights to diverse topics. We've got you covered! This series will be on Fridays at 11:00 am in the Longhorn Room.

To streamline communication, Coleen Brandt as Resident Ambassador has volunteered to overseeing special events, activities and speakers. Please contact Coleen directly for speaker ideas or additional activities to be included on the calendar. Phone/text 469-964-6726 or email -coleengaryb@gmail.com.

Positive Thought: "No matter how you feel, get up, dress up, show up, and never give up."

> 5857 LEGACY DRIVE FRISCO TX 75034 OFFICE 214.705.1707 MONDAY—FRIDAY 9:00 AM TO 5:30 PM SATURDAYS 10:00 AM TO 5:00 PM HTTPS://PRESIDIUMATEDGESTONE.COM

| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY   |
|--|--|--|--|---|---|--|
| (PLEASE NOTE<br>EVENTS WHICH<br>REQUIRE A SIGN UP)   | MA   | ARCH 2024  | Emergency Po<br>Non-Emergenc<br>After Hou  | NCY NUMBERS<br>folice & Fire— 9-1-1<br>ncy— 972-292-6010<br>urs Emergency<br>5-1707 - Hit #3  | <ol> <li>9:30a Continental Breakfast<br/>FMR</li> <li>10a-3p Massage w/Shari 214-<br/>676-6962 HW</li> <li>11a Yoga FR</li> </ol>   | 2<br>• 7p Movie <b>The Ron</b><br>CLARK STORY LR   |
| <ul> <li><b>3 OFFICES CLOSED</b></li> <li>10:45a Non-denominational streaming church service LR</li> <li>2p POKENO LR</li> </ul>   | <ul> <li>9:30a Continental Breakfast<br/>FMR</li> <li>11a BIBLE STUDY w Dee Hill GR</li> <li>2p HAND &amp; FOOT LR</li> </ul>                    | <ul> <li>9:30a Continental Breakfast FMR</li> <li>10a Strength &amp; Balance FR</li> <li>10:15a Reliant Blood Pressure<br/>Checks LR</li> <li>11a Strength &amp; Balance FR</li> <li>11p Quilt Sewing Club ACR</li> <li>2p RUMMIKUB LR</li> <li>7p CRIBBAGE LR</li> </ul>      | <ul> <li>6 SHUTTLE-Shopping 10 am (SIGN UP IN MAIL ROOM)</li> <li>9:30a Continental Breakfast FMR</li> <li>4p BINGO LR/GR</li> </ul>   | <ul> <li>9a-3p Salon (Nails &amp; Hair) 214-705-<br/>1159</li> <li>9:30a Continental Breakfast FMR</li> <li>10a Strength &amp; Balance FR</li> <li>11a Strength &amp; Balance FR</li> <li>11 MAH JONG LB</li> <li>7p CRIBBAGE LR</li> </ul>   | <ul> <li>9:30a Continental Breakfast<br/>FMR</li> <li>10a-3p Massage w/Shari 214-<br/>676-6962 HW</li> <li>11a Yoga FR</li> <li>11a Decluttering &amp; Organizing<br/>LR (SIGN UP IN MAIL ROOM)</li> <li>BD Diane Simmons &amp; Patrick<br/>Moriarty</li> </ul>   | 9 <sub>7p Movie Draft Day</sub>  |
| <ul> <li><b>10</b> OFFICES CLOSED<br/>DAYLIGHT SAVINGS BEGINS</li> <li>10:45a Non-denominational<br/>streaming church service<br/>LR</li> <li>BD Kevin Scahill &amp; Dan<br/>Rystrom</li> </ul>  | <ul> <li>9:30a Continental Breakfast<br/>FMR</li> <li>11a BIBLE STUDY w Dee Hill GR</li> <li>2p HAND &amp; FOOT LR</li> </ul> BD Linda Mankin    | <ul> <li>9:30a Continental Breakfast FMR</li> <li>10a Strength &amp; Balance FR</li> <li>11a Strength &amp; Balance FR</li> <li>2p RUMMIKUB LR</li> <li>7p CRIBBAGE LR</li> </ul>  | <ul> <li><b>13</b> SHUTTLE- 11a Lunch at ON THE<br/>BORDER (SIGN UP IN MAIL ROOM)</li> <li>9:30a Continental Breakfast FMR</li> <li>11:30a-12:30p Nurse Practitioner-<br/>(sign up for appointment only)<br/>HW</li> <li>4p BINGO LR/GR</li> </ul> | <ul> <li>9a-3p Salon (Nails &amp; Hair) 214-705-<br/>1159</li> <li>9:30a Continental Breakfast FMR</li> <li>10a Strength &amp; Balance FR</li> <li>11a Strength &amp; Balance FR</li> <li>1p MAH JONG LB</li> <li>5p BUNCO LR</li> <li>7p CRIBBAGE LR</li> </ul>  | <ul> <li>9:30a HOT Breakfast LR/GR<br/>(SIGN UP IN MAIL ROOM)</li> <li>10a-3p Massage w/Shari 214-<br/>676-6962 HW</li> <li>10:30a Book Club Organization<br/>Meeting LB</li> <li>11a Yoga FR</li> <li>2p Naborforce Transportation<br/>&amp; Household Assistance LR<br/>(SIGN UP IN MAIL ROOM)</li> </ul> | <ul> <li>16</li> <li>2p ASTEROIDS,<br/>METEOROIDS,<br/>COMETS (SIGN UP IN<br/>MAIL ROOM)</li> <li>7p Movie BEGIN AGAIN<br/>LR</li> <li>BD Joe Rodriguez</li> </ul> |
| <ul> <li><b>17 OFFICES CLOSED</b></li> <li>10:45a Non-denominational streaming church service LR</li> <li>2p POKENO LR</li> <li>St. Patrick s</li> </ul>   | <ul> <li><b>18</b></li> <li>9:30a Continental Breakfast<br/>FMR</li> <li>11a BIBLE STUDY w Dee Hill GR</li> <li>2p HAND &amp; FOOT LR</li> </ul> | <ul> <li>9:30a Continental Breakfast FMR</li> <li>10a Strength &amp; Balance FR</li> <li>10:15a Reliant Blood Pressure<br/>Checks LR</li> <li>11a Strength &amp; Balance FR</li> <li>1:30p Harris Jewelry Repair LR</li> <li>2p RUMMIKUB LR</li> <li>7p CRIBBAGE LR</li> </ul> | <ul> <li>20 SHUTTLE- Movie TBD (SIGN<br/>UP IN MAIL ROOM)</li> <li>9:30a Continental Breakfast FMR</li> <li>4p St. Paddy's Day BINGO hosted<br/>by Reliant Home Health &amp; Home<br/>Watch Caregivers LR/GR</li> </ul>                            | <ul> <li>9a-3p Salon (Nails &amp; Hair) 214-705-<br/>1159</li> <li>9:30a Continental Breakfast FMR</li> <li>10a Strength &amp; Balance FR</li> <li>11a Strength &amp; Balance FR</li> <li>1p MAH JONG LB</li> <li>7p CRIBBAGE LR</li> </ul>   | <ul> <li>9:30a Continental Breakfast<br/>FMR</li> <li>10a-3p Massage w/Shari 214-<br/>676-6962 HW</li> <li>11a Yoga FR</li> <li>11a Reliant Home Health &amp;<br/>Orthopedic Specialist LR (SIGN<br/>UP IN MAIL ROOM)</li> </ul>  | 23<br>• 7p Movie Top Gun<br>Maverick LR<br>BD Karen Rumbaugh   |
| <ul> <li>24 OFFICES CLOSED         <ul> <li>10:45a Non-denominational streaming church service LR</li> </ul> </li> <li>31 OFFICES CLOSED         <ul> <li>10:45a Non-denominational streaming church service LR</li> </ul> </li> </ul> | FMR<br>11a BIBLE STUDY w Dee Hill GR<br>2p HAND & FOOT LR  | <ul> <li>9:30a Continental Breakfast FMR</li> <li>10a Strength &amp; Balance FR</li> <li>11a Strength &amp; Balance FR</li> <li>2p RUMMIKUB LR</li> <li>7p CRIBBAGE LR</li> </ul>  | <ul> <li>27 NO SHUTTLE</li> <li>9:30a Continental Breakfast FMR</li> <li>11:30a-12:30p Nurse Practitioner-<br/>(sign up for appointment only)<br/>HW</li> <li>4p BINGO LR/GR</li> </ul>  | <ul> <li>9a-3p Salon (Nails &amp; Hair) 214-705-<br/>1159</li> <li>9:30a Continental Breakfast FMR</li> <li>10a Strength &amp; Balance FR</li> <li>11a Strength &amp; Balance FR</li> <li>1p MAH JONG LB</li> <li>3p Monthly Birthday Celebration<br/>by Reliant Home Health &amp; Home<br/>Watch Caregivers LR (SIGN UP IN<br/>MAIL ROOM)</li> <li>7p CRIBBAGE LR</li> </ul> | <ul> <li>29 OFFICES CLOSED-GOOD<br/>FRIDAY</li> <li>9:30a Continental Breakfast<br/>FMR</li> <li>10a-3p Massage w/Shari 214-<br/>676-6962 HW</li> <li>11a Yoga FR</li> </ul>  | <b>30</b><br>• 7p Movie Ladies in<br>Lavender LR   |
| BD Jo Bono   | BD Nick DeGeorge   |  | BD Kris Nelson   |   | BD Ruben Callejas   |  |
| FMR=FAMILY ROOM LB=LIBRARY LR=LONGHORN ROOM P=POOL GR=GRAND ROOM HW=HEALTH & WELLNESS CH=CONCERT HALL ACR=ART & CRAFT ROOM FR=FITNESS ROOM GMR=GAME ROOM PV=PAVILLION FR=FRONT LOBBY   |  |  |  |   |   |  |