

January 2025

Community News & Events

COMMUNITY REMINDERS/UPDATES

***DOORS: PLEASE DO NOT PROP DOORS OPEN!**

***EVENT REMINDER:** IF YOU SIGN UP FOR AN EVENT, PLEASE BE SURE TO ATTEND OR LET THE OFFICE KNOW IF YOU CAN'T MAKE IT. THIS HELPS US ACCOMMODATE RESIDENTS ON THE WAITLIST. THANK YOU!

***STREAMING BIBLE STUDY:** WEDNESDAY'S AT 6:30 IN LR

***DOOR UPDATE:** THE NEW SOFTWARE HAS BEEN INSTALLED! DOORS 1 & 14 STILL NEED SOME ATTENTION, AND WE ARE CONTINUING TO WORK ON THEM. THANK YOU FOR YOUR PATIENCE.

***JUST A HEADS UP!** WE'RE NO LONGER ABLE TO COMMUNICATE BY TEXT. PLEASE USE PHONE, EMAIL, OR THE RESIDENT PORTAL FOR ALL OFFICE COMMUNICATION. THANK YOU FOR YOUR UNDERSTANDING.

LUNCHES BY CHEF ANGLEA

Chef Angela of Frisco Catering by Angla will provide a 'hot' lunch Monday through Friday. Complete the form and include a check or exact cash (no change will be made) and drop in the catering box on wall in mail room. The meal is delivered daily in a to-go box at 11:45am to the Family Room. Enjoy!

The Salon
Hair, Nails & Pedicures
Thursday's only 9A-3P
Call Iris (469 301 0992)

A NOTE FROM SANTA

THANKS FOR LEAVING
THE CHIMNEY OPEN
SO I COULD SLIDE IN
AND ENJOY THE
PARTY WITH YOU—MY
KNEES SEND THEIR
THANKS TOO! I FELT
THE LOVE IN THE
ROOM AND HAD AN
AMAZING TIME. GOD
BLESS YOU ALL!

— SANTA

***MASSAGE - BOOK WITH SHARI**
FRIDAY'S 214 676 6962

***SKINCARE BY NANCY ON W/TH/F**
972 465 0146 (appointment only)

***BONNIE STIFFLER, APRN, SERVICES**
ONSITE
THURSDAY'S 10A - 2P

SPECIAL EVENTS GR/LR

(SIGN UP IN THE MAIL ROOM)

1/9 ALZHEIMER'S DISEASE 1PM GR/LR
(SIGN UP IN MAILROOM)

1/16 HOT BREAKFAST 9AM GR/LR
(SIGN UP IN MAILROOM)

PATRICIA'S CORNER

A Gentle Start to the New Year

The start of a new year doesn't have to be loud or hurried. January gives us permission to begin gently—to take a deep breath, move at our own pace, and ease into the days ahead.

Instead of big resolutions, I like to focus on simple intentions: being kind to myself, enjoying the moment I'm in, and finding comfort in everyday routines. A warm drink, a friendly smile, or a quiet afternoon can be more powerful than we realize.

This time of year reminds me that growth doesn't always happen in big leaps. Sometimes it happens slowly, in small choices we make each day—resting when we need to, reaching out to one another, and appreciating what we already have.

As we begin this new year together, my hope is that we all allow ourselves a gentle start—one filled with patience, gratitude, and moments of peace.

Warmly,
Patricia

STAFF

Patricia Mims - Community Director

Laurie Combs - Leasing Manager

Chris Fisher - Resident Services Coordinator

Mario Helms - Lead Maintenance

Laura Parada Medina - Asst Maintenance

Lorena Berrios - Housekeeper

Residents Serving

Coleen Brandt - Resident Ambassador

469 964-6726 coleengaryb@gmail.com

WELCOME MARIO!

We are excited to welcome Mario Helms as our new Lead Maintenance here at Presidium. Mario brings dedication, experience, and a strong commitment to keeping our community safe, comfortable, and running smoothly. He takes great pride in his work and looks forward to getting to know residents while ensuring our community is well cared for. Please join us in giving Mario a warm welcome!

HAPPY NEW YEAR TO OUR RESIDENTS!

We look forward to another year of fun, friendship, and wonderful memories together.

PRESIDIUM AT EDGESTONE EMERGENCY NUMBERS

*Emergency Police & Fire - 911

*Non-Emergency Police & Fire - 972 292 6010

*Presidium After Hours Emergency - 855 677 1336 - Hit 3

January 2026 PRESIDIUM AT EDGESTONE Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	Lola Hobbs & Sam Bono BD Office Closed NO TRASH PICK-UP 	1 2	Jo Hall BD 3 OFFICE CLOSED
Faye Yates BD 10:30A Non-Denominational Church Service Streaming GR/LR 3p POKENO GR/LR OFFICE CLOSED	4 9:30a Continental Breakfast FMR 11a Yoga FR 7p MOVIE "Glass Onion" GR/LR	5 Brenda Rogers BD 9:30a Continental Breakfast FMR 9:30a Strength & Balance FR 10:15a Reliant Blood Pressure Checks GR/LR 10:30a Strength & Balance FR 7p CRIBBAGE GR/LR	6 Shuttle-Shopping, meet in lobby at 9:45a (SIGN UP IN MAILROOM) Skincare by Nancy 972-465-0146 9:30a Continental Breakfast FMR 9:30a Strength & Balance FR 4p BINGO GR/LR 6:30p Non-Denominational Bible Study Streaming GR/LR	7 Kay Jones & Kathrin O'Brien BD Skincare by Nancy 972-465-0146 9a - 3p Salon 469-301-0992 9:30a Continental Breakfast FMR 9:30a Strength & Balance FR 10a - 2p Nurse Bonnie HW 10:30a Strength & Balance FR 7p CRIBBAGE GR/LR	8 Lawrence Foster Sr. BD Skincare by Nancy 972-465-0146 9:30a Continental Breakfast FMR 10a-3p Massage w/Shari 214-676-6962 HW 11a Yoga FR 1pm Alzheimer's Disease GR/LR (SIGN UP IN MAILROOM) 4p RESIDENT SPONSORED Happy Hour-BYOB & snacks GR/LR	9 10 2p Science News with Bess Amaral 7p MOVIE & Hot Dogs "Always be my Maybe" GR/LR
11 10:30A Non-Denominational Church Service Streaming GR/LR 3p RUMMIKUB GR/LR OFFICE CLOSED	12 Corey Tague, Barbara Quast & Cynthia Ledbetter BD 9:30a Continental Breakfast FMR 11a Yoga FR 7p MOVIE "Train Dreams" GR/LR	13 9:30a Continental Breakfast FMR 9:30a Strength & Balance FR 10:30a Strength & Balance FR 2p Jewelry Making with Bess Amaral AR (SIGN UP IN MAILROOM) 7p CRIBBAGE GR/LR	14 Shuttle-Lunch Outing at Mud Bugs Cajun Bar & Grill, meet in Lobby at 10:45a (SIGN UP IN MAILROOM) Skincare by Nancy 972-465-0146 9:30a Continental Breakfast FMR 4p BINGO hosted by Reliant Home Health & LoveWell Care Services GR/LR 6:30p Non-Denominational Bible Study Streaming GR/LR	15 Karen Landgraf BD Skincare by Nancy 972-465-0146 9a - 3p Salon 469-301-0992 9:30a Continental Breakfast FMR 9:30a Strength & Balance FR 10a - 2p Nurse Bonnie HW 10:30a Strength & Balance FR 7p CRIBBAGE GR/LR	16 17 Skincare by Nancy 972-465-0146 9a Hot Breakfast GR/LR (SIGN UP IN MAILROOM) 10a-3p Massage w/Shari 214-676-6962 HW 11a Yoga FR 4p RESIDENT SPONSORED Happy Hour-BYOB & snacks GR/LR	7p MOVIE & Hot Dogs "The Greatest Night in Pop" GR/LR
18 10:30A Non-Denominational Church Service Streaming GR/LR 3p POKENO GR/LR OFFICE CLOSED	19 NO TRASH PICK-UP 9:30a Continental Breakfast FMR 11a Yoga FR 3p RESIDENT SPONSORED Book Club GR/LR 7p MOVIE "Rez Ball" GR/LR Martin Luther King JR. Day 	20 9:30a Continental Breakfast FMR 9:30a Strength & Balance FR 10:15a Reliant Blood Pressure Checks GR/LR 10:30a Strength & Balance FR 7p CRIBBAGE GR/LR	21 Shuttle-Shopping, meet in lobby at 9:45a (SIGN UP IN MAILROOM) Skincare by Nancy 972-465-0146 9:30a Continental Breakfast FMR 4p BINGO GR/LR 6:30p Non-Denominational Bible Study Streaming GR/LR	22 Skincare by Nancy 972-465-0146 9a - 3p Salon 469-301-0992 9:30a Continental Breakfast FMR 9:30a Strength & Balance FR 10a - 2p Nurse Bonnie HW 10:30a Strength & Balance FR 7p CRIBBAGE GR/LR	23 24 Skincare by Nancy 972-465-0146 9:30a Continental Breakfast FMR 10a-3p Massage w/Shari 214-676-6962 HW 11a Yoga FR 4p RESIDENT SPONSORED Happy Hour-BYOB & snacks GR/LR	7p MOVIE & Hot Dogs "Carry On" GR/LR
25 10:30A Non-Denominational Church Service Streaming GR/LR 3p RUMMIKUB GR/LR OFFICE CLOSED	26 9:30a Continental Breakfast FMR 11a Yoga FR 7p MOVIE "Rebel Ridge" GR/LR	27 9:30a Continental Breakfast FMR 9:30a Strength & Balance FR 10:30a Strength & Balance FR 7p CRIBBAGE GR/LR	28 NO SHUTTLE Skincare by Nancy 972-465-0146 9:30a Continental Breakfast FMR 4p BINGO GR/LR 6:30p Non-Denominational Bible Study Streaming GR/LR	29 Skincare by Nancy 972-465-0146 9a - 3p Salon 469-301-0992 9:30a Continental Breakfast FMR 9:30a Strength & Balance FR 10a - 2p Nurse Bonnie HW 10:30a Strength & Balance FR 3p Birthday Celebration w/ Reliant HH & LoveWell CS GR/LR 7p CRIBBAGE GR/LR	30 31 Skincare by Nancy 972-465-0146 9:30a Continental Breakfast FMR 10a-3p Massage w/Shari 214-676-6962 HW 11a Yoga FR 4p RESIDENT SPONSORED Happy Hour-BYOB & snacks GR/LR	7p MOVIE & Hot Dogs "Big Bold Beautiful Journey" GR/LR
1 2	GR/LR-Grand/Longhorn Room FR-Fitness Room FMR-Family Room LB-Library P-Pool AR-Art Room GM-Game Room HW-Health & Wellness PV-Pavillion (PLEASE NOTE EVENTS WHICH REQUIRE A SIGN UP. IF YOU SIGN UP AND CANNOT ATTEND, PLEASE LET THE OFFICE KNOW IMMEDIATELY!) Emergency Numbers *Emergency Police & Fire - 911 *Non-Emergency - 972-292-6010 *Presidium After Hours Emergency - 855-677-1336 - Hit 3					