

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
hello FALL		1 9:30A Continental Breakfast FMR 10A Strength & Balance FR 10:15A Reliant/Lovewell Blood Pressure Checks GR/LR 11:30A Non-Denominational Bible Study Streaming GR/LR 1PLive Your Best Life w/Dee GR/LR 7:00P Cribbage GR/LR POOL CLOSED UNTIL 10:00A	2 Jan Oldenbuttel BD 9:30A Continental Breakfast FMR Shuttle - Shopping Meet in Lobby at 9:45A (Sign up in MAILROOM) Skincare by Nancy 972-465-0146 4P BINGO GR/LR	3 Mack Sanford BD 9:30A Continental Breakfast FMR Skincare by Nancy 972-465-0146 10A Strength & Balance FR 10A - 2P Nurse Bonnie HW 7:00P Cribbage GR/LR	4 Sharon Parker & Sharon Limbert BD 9:30A Continental Breakfast FMR 10:30 Yoga FR 11:45A Water Aerobics P Skincare by Nancy 972-465-0146 Massage by Shari 214-676-6962 1P Medicare by Amerilife GR/LR (Sign up in Mailroom) 4P Resident BYOB HH with SHARED snacks GR/LR	5 Rosa Ramiirez BD 7P MOVIE & Hot Dogs "The Sheep Detectives" LR
6 JoAnn Bunel BD 10:30A Non-Denominational Church Service Streaming GR/LR 3P RUMMIKUB OFFICE CLOSED	7 Susan Waterman BD LABOR DAY NO CONTIENTIAL BREAKFAST NO TRASH PICK UP OFFICE CLOSED 7P MOVIE "Young Washington" LR	8 9:30A Continental Breakfast FMR 10A Strength & Balance FR 11:30A Non-Denominational Bible Study Streaming GR/LR 1P Live Your Best Life w/Dee GR/LR 7:00P Cribbage GR/LR POOL CLOSED UNTIL 10:00A	9 9:30A Continental Breakfast FMR Shuttle -Lunch Outing: Bubba's 33 Meet in Lobby at 10:45A (Sign up in MAILROOM) Skincare by Nancy 972-465-0146 4P BINGO GR/LR	10 9:00A Continental Breakfast FMR Skincare by Nancy 972-465-0146 10A Strength & Balance FR 10A - 2P Nurse Bonnie HW 7:00P Cribbage GR/LR	11 Ken Freeman BD 9:30A Continental Breakfast FMR 10:30A Yoga FR 11:45A Water Aerobics P Skincare by Nancy 972-465-0146 Massage by Shari 214-676-6962 1P Dementia Talk by Corey LR (Sign up in Mailroom) 2P Introducing The Edge Salon Refreshments will be served. 4P Resident BYOB HH with SHARED snacks GR/LR	12 Pat Sedam BD 2P Science News by Bess LR 7P MOVIE & Hot Dogs "The Invite" LR
13 10:30A Non-Denominational Church Service Streaming GR/LR 3P POKENO LR OFFICE CLOSED	14 Lee Jones & Sandra Hall BD 9:30AContinentalBreakfast FMR 11A Bible Study w/Dee Hill GR 11A Yoga FR 12P Water Aerobics 7P MOVIE "Forrest Gump" LR	15 Arlene LoMonaco BD 9:30A Continental Breakfast FMR 10A Strength & Balance FR 11:30A Non-Denominational Bible StudyStreaming GR/LR 1P Live Your Best Life w/Dee GR/LR 7:00P Cribbage GR/LR POOL CLOSED UNTIL 10:00PA	16 9:30AContinentalBreakfast FMR NO SHUTTLE Skincare by Nancy 972-465-0146 4P BINGO GR/LR	17 9:30A Continental Breakfast FMR Skincare by Nancy 972-465-0146 10A Strength & Balance FR 10A - 2P Nurse Bonnie HW 7:00P Cribbage GR/LR	18 9:30A Continental Breakfast FMR 10:30 Yoga FR 11:45A Water Aerobics P Skincare by Nancy 972-465-0146 Massage by Shari 214-676-6962 4P Resident BYOB HH with SHARED snacks GR/LR	19 Dee Waletzki & Larry Dunham BD 7P MOVIE & Hot Dogs "Knives Out" LR
20 10:30A Non-Denominational Church Service Streaming GR/LR 3P RUMMIKUB LR OFFICE CLOSED	21 9:30AContinentalBreakfast FMR 11A Yoga FR 12P Water Aerobics 3P RESIDENT SPONSORED BOOK CLUB GR/LR 7P MOVIE "The Notebook" LR	22 9:30A Continental Breakfast FMR 10A Strength & Balance 11:30A Non-Denominational Bible Study Streaming GR/LR 1P Live Your Best Life w/ Dee GR/LR 7:00P Cribbage GR/LR POOL CLOSED UNTIL 10:00A	23 Marilyn Perdew BD 9:30A Continental Breakfast FMR Shuttle - Shopping Meet in Lobby at 9:45A (Sign up in MAILROOM) Skincare by Nancy 972-465-0146 4P BINGO GR/LR	24 9:30A Continental Breakfast FMR Skincare by Nancy 972-465-0146 10A Strength & Balance FR 10A - 2P Nurse Bonnie HW 7:00P Cribbage GR/LR	25 11A Catered Brunch GR/LR (Sign up in MAILROOM) 10:30A Yoga FR 11:45A Water Aerobics Skincare by Nancy 972-465-0146 Massage by Shari 214-676-6962 4P Resident BYOB HH with SHARED snacks GR/LR	26 7P MOVIE & Hot Dogs "Saving Mr. Banks" LR
27 10:30A Non-Denominational Church Service Streaming GR/LR 3P POKENO LR OFFICE CLOSED	28 Gloria Wrenn-Castillo, Mary Tidd & John Parfitt BD 9:30AContinentalBreakfast FMR 11A Bible Study w/ Dee Hill GR 11A Yoga FR 12P Water Aerobics 7P MOVIE "Crime 101" LR	29 9:30A Continental Breakfast FMR 10A Strength & Balance FR 11:30A Non-Denominational Bible Study Streaming GR/LR 1P Live Your Best Life w Dee GR/LR 7:00P Cribbage GR/LR POOL CLOSED UNTIL 10:00A	30 Maria Montero BD 9:30A Continental Breakfast FMR NO SHUTTLE Skincare by Nancy 972-465-0146 4P BINGO/BIRTHDAY CELEBRATION HOSTED BY RELIANT HH & LOVEWELL CS GR/LR	It is the little things that usually have the greatest impact in life... a smile, a hug, a thank you, a compliment. FMR=FAMILY ROOM LB=LIBRARY P=POOL HW=HEALTH & WELLNESS BR=BILLIARDS ROOM ACR=ARTS & CRAFTS ROOM FR=FITNESS ROOM GMR=GAME ROOM PV=PAVILLION FL=FRONT LOBBY GR=GRAND ROOM LR=LONGHORN ROOM		

UPDATES/REMINDERS:

Bulletin Board: Nothing may be posted on the bulletin board in the mailroom without prior office approval.

- **After-Hours Wellness Checks:** For after-hours wellness checks, please call 911.
- **Elevator Resetting:** Elevator resetting may cause a loud bang. This is normal for this type of elevator.
- **Work Orders & Office Contact:** Please call the office at 469-473-3998 or enter work orders through the resident portal. Please do not TEXT work order requests.
- **Welcome, Sheila!** Join us in welcoming Sheila Echols, our new housekeeper, to the community!
- **September 11 – Open House at The Edge:** Join us for an open house celebrating our new salon, “The Edge.” Refreshments will be served, and we will introduce the new company overseeing the salon. Come and go as you please.
- **September 3 – HUD Inspection** will begin at 9:00 AM. A letter outlining the inspection process and expectations was delivered to each residents door. Please take a moment to review the information and prepare accordingly.
- **EVENT RSVP REMINDER** - Our events have limited space, so when you sign up, you are reserving a spot that another resident may not have the opportunity to enjoy. We ask that you please only sign up if you genuinely plan to attend.

Because we serve food and beverages based on the number of residents signed up, please make every effort to attend. If your plans change, please let the office know in advance so we can offer your spot to another resident and adjust our preparations. Thank you for your consideration!

LUNCHES BY CHEF ANGELA

Enjoy a hot lunch from Chef Angela of Frisco Catering by Angela, delivered weekdays to the Family Room at 11:45 AM. Submit your order form with a check or exact cash in the catering box in the mail room..



Team Spotlight: Meet Sheila!

This month, we're excited to shine the spotlight on Sheila, our wonderful housekeeper!

Originally from Chicago, Sheila has dedicated much of her life to caring for and serving seniors. She has been working with seniors since she was just 21 years old, bringing years of experience, compassion, and dedication to everything she does.

Sheila has been married for 17 years and is the proud mom of five children, with three currently in college. Family is incredibly important to her, and she loves nothing more than spending quality time with her loved ones. She is also the proud pet mom of Buddy, her beloved Shih Tzu!

When Sheila isn't keeping our community looking its best, she enjoys traveling, playing games, and watching movies. She is always happiest when surrounded by family, Buddy, and making wonderful memories together.

We are so grateful to have Sheila as part of our team! Thank you, Sheila, for all that you do and for the care you bring to our community every day!

SEPTEMBER 2026

Welcome to September—where the calendar says "fall," but Texas says, "not so fast!" Beat the heat and join us for a month full of fun, laughter, and great company.



PATRICIA'S CORNER

Fall has always been a season filled with memories. Here in Texas, we may not have the changing leaves or chilly autumn mornings that other parts of the country enjoy, but that doesn't mean fall feels any less special.

For me, fall brings memories of football games, family gatherings, favorite recipes, and the excitement of knowing the holidays are just around the corner. It's a time when routines begin to shift and there always seems to be something to look forward to.

I remember the days when fall meant getting the kids ready for a new school year, planning family get-togethers, watching football on the weekends, and enjoying those familiar foods that seemed to make their appearance this time of the year. Even now, certain smells, songs, or recipes can tame me right back to those moments.

As the years go by, I've learned that seasons aren't really about the weather—they're about the memories we associate with them. Fall gives us a chance to slow down, appreciate the traditions we've carried with us, and look forward to making new memories.

So, as September arrives, I'm looking forward to all the little things that make this season special: good food, good company, football, family, and the anticipation of the holidays ahead.

Here's to a wonderful fall season filled with familiar traditions and new memories!
-Patricia

OFFICE TEAM

PATRICIA MIMS - COMMUNITY DIRECTOR

LAURIE COMBS - LEASING MANAGER

CHRIS FISHER - RESIDENT SERVICES COORDINATOR

BRIAN WOOLAVER - LEAD MAINTENANCE

LAURA PARADA MEDINA - ASST. MAINTENANCE

SHEILA ECHOLS - Housekeeper

RESIDENT SERVING -

COLEEN BRANDT - RESIDENT AMBASSADOR
469-964-6726
COLEENGARYB@GMAIL.COM

Food Drive Success!

A heartfelt thank you to our wonderful residents for coming together to support Frisco Family Services!

Thanks to your generosity and community spirit, our food drive collected an incredible 425 pounds of food for Frisco Family Services. They shared their sincere appreciation for our residents and their efforts to help support local families in need.

We are so proud of the kindness and generosity shown by our community. Thank you for making a difference!

PRESIDIUM AT EDGESTONE EMERGENCY PHONE NUMBERS

***EMERGENCY POLICE & FIRE - 911**

***NON-EMERGENCY POLICE & FIRE - 972-292-6010**

***PRESIDIUM AFTER HOURS EMERGENCY -
469-473-3998 PRESS 3**

Health & Wellness:

Skincare by Nancy
972-465-0146

Massage by Shari
214-676-6962

Bonnie Stiffler, APRN
866-686-8862